



Small Group Guidelines:

1. Keep your sharing focused on your own thoughts and feelings. Please limit your sharing to 3-5 minutes.
1. There will be no cross talk, please. Cross talk is when two individuals engage in a dialogue, excluding all others. Each Person is free to express their feelings without interruptions.
3. We are here to support one another. We will not attempt to "fix" another.
4. Anonymity and confidentiality are basic requirements. What is shared in the group stays in the group!
5. Offensive language has no place in a Christ-centered recovery group.

Small Groups:

- 101 Newcomers Group
- Men's Open Share Group
- Women's Open Share Group

Coming Soon:

- Men's & Women's Step Study Group

Our new

facebook Page

[https://www.facebook.com/](https://www.facebook.com/CelebrateRecoveryCrystalRiver)

[CelebrateRecoveryCrystalRiver](https://www.facebook.com/CelebrateRecoveryCrystalRiver)

Friday Night Meeting Times

- 6:00—7:00 p.m. Dinner
- 7:00—8:00 p.m. Praise & Worship
- 8:00—9:00 p.m. Small Groups
- 9:00—10:00 p.m. Coffee/Dessert

No Child Care Available

Life Issues

For Men and Women

Codependency

Food Addiction

Freedom of Anger

Sexual Addiction

Adult Children of Family Dysfunction

Chemical Addiction

Chemical Dependency

Financial Recovery

Same Sex Attraction

Common Characteristics Among Adult Children of Family Dysfunction

Service Opportunities

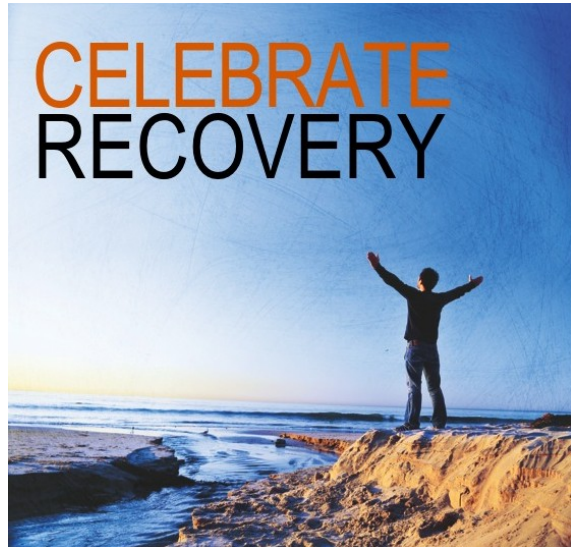
For Women

Codependent Women In A Relationship With Sexually Addicted Men

Eating Disorders

Love and Relationship Addiction

Physical/Emotional & Sexual Abuse



No Hurt is beyond healing.
No Hang-up is beyond hope.
No habit is beyond help

Freedom is possible!

CHANGED LIVES / CHANGING LIVES

It works if you work it... with the help of our true HIGHER POWER, Jesus Christ!

**Crystal River United Methodist Church
4801 N. Citrus Ave
Crystal River, Fl. 34428**

**Ministry Leaders:
Sandy Mirabile / Judy Leavitt
(352) 586-4709
sscampis@yahoo.com**

"My grace is enough for you; for where there is weakness, my power is shown more completely" Corinthians 12:9

CELEBRATE RECOVERY'S EIGHT
RECOVERY PRINCIPLES

Based on the Beatitudes

1. Realized I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable. "happy are those who know that they are spiritually poor" (*Matthew 5:3*)
2. Earnestly believe that god exists, that I matter to Him and that He has the power to help me recover. "Happy are those who mourn, For *they shall be comforted.*" (*Matthew 5:4*)
3. Consciously choose to commit all my life and will to Christ's care and control. "Happy are the *meek.*" (*Matthew 5:5*) Openly examine and confess my faults to myself, to God, and to someone I trust. "Happy are *the pure in heart.*" (*Matthew 5:8*)
4. Voluntarily submit to any and all changes God wants to make in my life and humbly ask Him to remove my character defects.
5. "Happy are those *whose greatest desire is to do what God requires.*" (*Matthew 5:7*)
6. Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others when possible, except when to do so would harm them or others.

"Happy are the Merciful" (*Matthew 5:7*)

"Happy are the peacemakers." (*Matthew 5:9*)
7. Reserve a time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and to gain the power to follow his will.
8. Yield myself to God to be used to bring this Good news to others, both by my example and by my words. "Happy are those *who are persecuted because they do what God requires.*" (*Matthew 5:10*)

The Twelve Steps

1. We admitted we were powerless over our addictions and compulsive behaviors, that our lives had become unmanageable.
 2. We came to believe that a power greater than ourselves could restore us to sanity.
 3. We made a decision to turn our lives and our wills over to the care of God.
 4. We made a searching and fearless moral inventory of ourselves.
 5. We admitted to God, to ourselves, and to another human being, the exact nature of our wrongs.
 6. We were entirely ready to have God remove all these defects of character.
 7. We humbly ask Him to remove all our shortcomings.
 8. We made a list of all persons we had harmed and became willing to make amends to them all.
 9. We made direct amends to such people whenever possible, except when to do so would injure them or others.
 10. We continued to take personal inventory and when we were wrong, promptly admitted it.
 11. We sought, through prayer and meditation, to improve our conscious contact with God, praying only for knowledge of His will for us, and power to carry that out.
 12. Having had a spiritual experience as the result of these steps, we try to carry this message to others, and to practice these principles in all our affairs.
-

What to do it you're new...

DON'T WORRY! RELAX!
THIS IS A SAFE PLACE!

Join us in the **Newcomers 101** after our Large Group time, and we'll help you get plugged in & learn about the problem.

No Worries, no expectations, no judgment.

Who is  Celebrate Recovery for?

Celebrate Recovery is for anyone who has a life situation that is unmanageable.

All of us are in recovery for one thing: SIN.

For the Son of Man came to seek and save the lost.

LUKE 19:10

If you have a hurt, hang-up or habit that negatively affects your life, Celebrate Recovery is for you.

- We define "hurt" as an emotional reaction to another person's behavior or to a disturbing situation (abuse, abandonment, co-dependency, and divorce or relationship issues).
- We define "hang-up" as negative mental attitudes that are used to cope with people or adversity (anger, depression, fear or un-forgiveness).
- We define "habit" as an addiction to someone or something (alcohol, drugs, food, sex, gambling, and shopping or hurtful people).

Your anonymity & confidentiality are protected in this safe environment.