

**March 28, 2020**

**Read Mark 12:29-31**

"The most important one," answered Jesus, "is this: 'Hear, O Israel: The LORD our God, the LORD is one. Love the LORD your God with all your heart and with all your soul and with all your mind and with all your strength.' The second is this: 'Love your neighbor as yourself.' There is no commandment greater than these."

I have taken a new view of these verses when planning my New Year's resolution at the end of 2019. I have always thought that I was moving towards loving God with my "everything," and loving my neighbor as myself.

However, I found that I was failing in one specific way. I was tearing myself down and not loving me. I was not loving someone that was beautifully and wonderfully made by God. This was a stumbling block in my walk with God and was weakening my faith in Him. Saying that I was no good and not able to do the things He has called me to do. How could I truly love God with my all and love my neighbor as myself without first loving me.

Since New Year's I've been reminding myself to look for the good God creates out of my failures and shortfalls. To build my view of myself in a positive light, that I can remove everything, but love from myself.

**Prayer:** Jesus thanks for your reckless love for me. Show me how to love myself, so that I may better love you and my neighbor. Let me see where and how I can improve in your love.  
Amen

**Justin Wheeler**