

**THE POWER TO CHANGE--PART I**  
**SERMON TITLE: WHY DO YOU DO WHAT YOU DO?**  
**SERMON THEME: MAKING A LASTING CHANGE**

WE ALL MAKE **RESOLUTIONS** TO CHANGE, BUT **WANTING** TO CHANGE, AND **TRYING** TO CHANGE IS NOT **ACTUALLY** CHANGING.

**ROMANS 7:15-20**

- THE PROBLEM IS THAT YOU TRY TO **CHANGE** IN THE WRONG WAY SO THERE IS NO LASTING **CHANGE**.
- TO EXPERIENCE **CHANGE** THAT LASTS, YOU HAVE TO FOCUS ON THE **WHO** AND NOT **THE DO**.

**ISAIAH 43:19**

**HOW DO WE GO ABOUT MAKING REAL CHANGE IN OUR LIVES?**

I) CHANGE BEGINS WITH **SPIRITUAL TRANSFORMATION**.

**ROMANS 7:24-25**

- GOD, **THEN ME** MINDSET
- GOD, **NOT ME** MINDSET
- GOD, **THROUGH ME** MINDSET

**I CORINTHIANS 15:9-10**

- THE GRACE THAT **SAVES YOU** IS ALSO THE GRACE THAT **CHANGES YOU**.

II) YOU DO WHAT **YOU DO** BECAUSE OF WHAT YOU **THINK OF YOU**.

**MARK 10:27**

- IF YOU TRY TO CHANGE YOUR **BEHAVIOR** WITHOUT CHANGING YOUR **IDENTITY**, IT IS LIKE PULLING UP WEEDS WITHOUT GETTING TO **THE ROOT**.

**ROMANS 12:1-2**

- IF YOU CHANGE YOUR **BEHAVIOR**, BUT YOU DO NOT CHANGE YOUR **HEART**, THE BEHAVIOR WILL **COME BACK**.

III) MOVING FROM THE SPIRITUAL WHY TO THE SPIRITUAL HOW.

ZECHARIAH 4:6

- CHRIST IN ME IS STRONGER THAN THE WRONG DESIRES IN ME.

II CORINTHIANS 12:9

- REAL CHANGE IS GOD WORKING THROUGH YOU

EZEKIEL 36:26

TO CHANGE WHAT YOU DO, YOU NEED TO FIRST CHANGE WHAT YOU THINK OF YOU.

PSALM 86:11