

THE POWER TO CHANGE--PART III  
SERMON TITLE: CHANGE YOUR LIFE, CHANGE YOUR HABITS  
SERMON THEME: THE POWER OF HABIT

MUCH OF WHAT YOU DO IS NOT THE RESULT OF YOUR CHOICES, BUT YOUR DAILY HABITS.

TIMOTHY 4:7

- HOPE ALONE WILL NOT CHANGE YOUR HABITS.

ROMANS 12:2

- YOUR CHOICES CREATE THE COURSE AND DECISIONS IN YOUR LIFE.

IF YOU WANT TO CHANGE YOUR LIFE CHANGE YOUR HABITS

I) THE POWER OF ONE SMALL HABIT.

DANIEL 6:3

- GOD OFTEN DOES BIG THINGS THROUGH SMALL HABITS.

DANIEL 6:5-10

- THE SMALL THINGS NO ONE SEES CAN LEAD TO THE BIG RESULTS EVERYONE WANTS.

II) A KEYSTONE HABIT.

II PETER 2:19

- WHAT ONE HABIT DO YOU NEED TO START?

HEBREWS 10:25

WHAT YOU WANT TO BECOME DEPENDS ON STARTING A NEW HABIT.

III) HOW TO START AND MAINTAIN A NEW HABIT.

PROVERBS 13:20

A) MAKE IT OBVIOUS.

- YOUR CUES DETERMINE WHAT YOU DO.

B) MAKE IT EASY.

- LOWER THE THRESHOLD FOR SUCCESS.

C) MAKE IT REPETITIOUS.

- HARD TO START TO HARD TO STOP.

1 TIMOTHY 4:8

- ONE SMALL HABIT AT A TIME WILL HELP ME TO BECOME MORE LIKE JESUS.

ZECHARIAH 4:10 NLT "DO NOT DESPISE THESE SMALL BEGINNINGS, FOR THE LORD REJOICES TO SEE THE WORK BEGIN."

NEVER UNDERESTIMATE HOW GOD CAN START SOMETHING BIG THROUGH ONE SMALL HABIT.

EPHESIANS 5:1-2